

10th 10 - Leominster (Arrow)

9th July 2009

| Team | Position | Name | Actual Time | Average Speed |
|----------------|----------|----------------------|-------------|---------------|
| Hfd Wheelers | 1 | Alex Haines | 00:22:48 | 26.32 |
| Climb on Bikes | 2 | Richard Lambert | 00:23:22 | 25.68 |
| Climb on Bikes | 3 | James Griffiths | 00:23:33 | 25.48 |
| Hfd Wheelers | 4 | Andy Sparks | 00:23:35 | 25.44 |
| Hfd Wheelers | 5 | Simon Geary | 00:23:55 | 25.09 |
| Hfd Tri Club | 6 | Anthony Waddington | 00:24:03 | 24.95 |
| Hfd Wheelers | 7 | Colin Lambourne | 00:24:14 | 24.76 |
| Climb on Bikes | 8 | James Walker | 00:24:32 | 24.46 |
| Hfd Tri Club | 9 | Graeme Thomas | 00:24:56 | 24.06 |
| Climb on Bikes | 10 | Nathan Bradford | 00:25:00 | 24.00 |
| Hfd Wheelers | 11 = | Richard George | 00:25:06 | 23.90 |
| Hfd Wheelers | 11 = | Guy Evans | 00:25:06 | 23.90 |
| Hfd Tri Club | 13 | Brian Turner | 00:25:10 | 23.84 |
| Climb on Bikes | 14 | Luke Bradford | 00:25:12 | 23.81 |
| Hfd Tri Club | 15 | Chris Payne | 00:25:55 | 23.15 |
| Hfd Wheelers | 16 | Chris Knight | 00:26:02 | 23.05 |
| Hfd Wheelers | 17 | Sarah Lloyd-Stephens | 00:26:03 | 23.03 |
| Hfd Wheelers | 18 = | Rob Turner | 00:26:13 | 22.89 |
| Hfd Tri Club | 18 = | Les Morris | 00:26:13 | 22.89 |
| Hfd Tri Club | 20 | Simon Lawrence | 00:26:17 | 22.83 |
| Hfd Wheelers | 21 | Jim Dicken | 00:26:18 | 22.81 |
| Climb on Bikes | 22 | Tom Knight | 00:26:48 | 22.39 |
| Hfd Wheelers | 23 | Bryn North | 00:26:59 | 22.24 |
| Hfd Wheelers | 24 | Cris Abel | 00:27:13 | 22.05 |
| Hfd Wheelers | 25 | Gaby McDermott | 00:27:14 | 22.03 |
| Hfd Wheelers | 26 | Ray Mobbs | 00:27:18 | 21.98 |
| Hfd Wheelers | 27 | Simon Bremner | 00:27:30 | 21.82 |
| Hfd Tri Club | 28 | Tricia Wright | 00:27:40 | 21.69 |
| Hfd Wheelers | 29 | Dave Unsworth | 00:27:48 | 21.58 |
| Hfd Wheelers | 30 | Keith Richards | 00:27:51 | 21.54 |
| Hfd Wheelers | 31 | Steven Fortey | 00:27:58 | 21.45 |
| Hfd Wheelers | 32 | Neil Scanlan | 00:28:09 | 21.31 |
| Ludlow CC | 33 | Steve Butts | 00:28:19 | 21.19 |
| Hfd Wheelers | 34 | Ali Hall | 00:28:35 | 20.99 |
| Hfd Tri Club | 35 | Nick Murphy | 00:29:02 | 20.67 |
| Hfd Wheelers | 36 | John Richards | 00:29:29 | 20.35 |
| Hfd Tri Club | 37 | Jo Crisall | 00:29:53 | 20.08 |
| Hfd Wheelers | 38 | Nigel Holden | 00:30:05 | 19.94 |
| Hfd Wheelers | 39 | Jamie Butterfield | 00:31:18 | 19.17 |
| Hfd Wheelers | 40 | Claire Conway | 00:31:24 | 19.11 |
| Hfd Tri Club | 41 | Wendy Howells | 00:31:28 | 19.07 |
| Hfd Wheelers | 42 | Dennis Holmes | 00:31:35 | 19.00 |
| Hfd Wheelers | 43 | Huw Powell | 00:31:51 | 18.84 |
| Hfd Wheelers | 44 | Connor Price | 00:34:37 | 17.33 |
| Hfd Wheelers | 45 | Jean Jones | 00:36:30 | 16.44 |
| Hfd Wheelers | 46 | Mandy Reynolds | 00:38:07 | 15.74 |
| Hfd Wheelers | 47 | Keith Jones | | DNF |